



- ☐ Liver Disease/Hepatitis  
☐ Migraine Headache  
☐ Mitral Valve Prolapse/Murmur  
☐ Osteoporosis  
☐ Prostate Enlargement (BPH)  
☐ Rheumatoid Arthritis  
☐ Seizure Disorder  
☐ Sexually Transmitted Disease  
☐ Skin Problems  
☐ Stroke  
☐ Thyroid Disease  
☐ Tuberculosis  
☐ Other: \_\_\_\_\_

### Gynecological History (women only)

Last Menstrual Period \_\_\_\_\_  
 How many pregnancies have you had? \_\_\_\_\_  
 How many children do you have? \_\_\_\_\_  
 Have you ever had an abnormal pap smear? \_\_\_\_\_  
 Have you had a hysterectomy? \_\_\_\_\_  
 Have your ovaries been removed? \_\_\_\_\_

### Sexual History

Do you have sex with ☐ Men ☐ Women ☐ Both  
 Have you had an HIV Test? ☐ Yes ☐ No  
 Do you use condoms for sexual intercourse?  
☐ Yes ☐ No

### FAMILY HISTORY

Do you have any family history of serious illness? ☐ No ☐ Yes

If yes, list below:

	MOTHER	FATHER	GRANDPARENT		LIVING AGE	DECEASED AGE AT DEATH & CAUSE
Alcoholism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Father		
Bleeding Problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Mother		
Cancer (Type: _____)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Brother		
Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Emphysema	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Glaucoma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Sister		
Heart Attack	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Heart Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
High Blood Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Son		
Mental Illness/Suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Osteoporosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Seizures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Daughter		
Stroke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			
Thyroid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>			

### HEALTH MAINTENANCE

When did you last have any of the following:

\_\_\_\_\_ Diabetes Check  
 \_\_\_\_\_ Prostate Check  
 \_\_\_\_\_ Colonoscopy  
 \_\_\_\_\_ Mammogram  
 \_\_\_\_\_ Pap Smear  
 \_\_\_\_\_ Cholesterol Check  
 \_\_\_\_\_ Cardiac Stress Test  
 \_\_\_\_\_ Bone Density

List year of Last Vaccinations:

\_\_\_\_\_ Tetanus (TD)  
 \_\_\_\_\_ Influenza (Flu)  
 \_\_\_\_\_ Pneumonia  
 \_\_\_\_\_ Shingles (VZV)  
 \_\_\_\_\_ Hepatitis A  
 \_\_\_\_\_ Hepatitis B  
 \_\_\_\_\_ HPV  
 \_\_\_\_\_ TB Skin Test

### SOCIAL HISTORY

Marital Status: ☐ Single ☐ Married ☐ Partnered ☐ Co-habiting ☐ Separated ☐ Divorced ☐ Widowed

Do you have children/dependents at home? ☐ Yes ☐ No How many? \_\_\_\_\_

Are you employed? ☐ Yes ☐ No Occupation: \_\_\_\_\_

What is your highest level of education? ☐ High School ☐ College ☐ Graduate School

Do you or have you ever smoked or chewed tobacco? ☐ Yes ☐ No When? \_\_\_\_\_ Quit Date: \_\_\_\_\_

☐ Packs/☐ Cans/☐ Bags per day \_\_\_\_\_ / years \_\_\_\_\_

Do you or have you ever used recreational drugs? ☐ Yes ☐ No Type: \_\_\_\_\_ How Often? \_\_\_\_\_

Do you drink alcohol? ☐ Yes ☐ No Type: \_\_\_\_\_ How Often? \_\_\_\_\_

How much per day? \_\_\_\_\_ / \_\_\_\_\_ years

Have you ever been exposed to toxic substances? ☐ Yes ☐ No Type: \_\_\_\_\_ What Kind? \_\_\_\_\_

Do you drink caffeine? ☐ Yes ☐ No Type: \_\_\_\_\_ How Often? \_\_\_\_\_

Do you exercise? ☐ Yes ☐ No Type: \_\_\_\_\_ How Often? \_\_\_\_\_

Do you wear a seat belt? ☐ Yes ☐ No

Do you use car seats for your children if under 60 lbs.? ☐ Yes ☐ No

Do you have a living will or advance directives? ☐ Yes ☐ No